

HIGH FLYER

IN GOD WE TRUST, ALL OTHERS WE MONITOR

VOL. 10, ISSUE 46

SERVING THE BEALE AIR FORCE BASE, CALIF., COMMUNITY

NOVEMBER 17, 2006



Duck and cover

Coalition soldiers detonate an improvised explosive device found by soldiers from the Iraqi Army's 4th Brigade, 1st Division Commando Company Oct. 31 in the Nasser WaïSalaam area of Fallujah. The IED was discovered minutes after a Coalition convoy drove past it. (Photo by Navy Journalist 2nd Class John Pistone)

Veteran's Day: Significant while nation fights war

By Donna Miles
American Forces Press Service

WASHINGTON — Observing Veterans Day was especially important this year as America's military members put their lives in danger to protect the country and defend its freedoms, said James Nicholson, Veterans Affairs secretary.

"We are a nation at war against an enemy that has openly vowed its desire to destroy us," Mr. Nicholson said. "They mean it; we know that because they have taken steps to do that, attacking us in different ways. So we have fellow citizens out there on the front lines trying to protect our freedom and procure freedom for

the people of Iraq and Afghanistan."

Demands on the force waging the terror war gave special importance to this year's Veterans Day observances and a renewed national commitment to honor and support its more than 24 million veterans, he said.

President Woodrow Wilson proclaimed Nov. 11 Armistice Day in 1919 to commemorate the end of hostilities in World War I one year earlier.

During the early 1950s, the name was changed to Veterans Day, and the observance was expanded to honor veterans of all wars.

Veterans Day upholds a

see **VETERAN** page 4

Beale exceeds 2006 CFC goal

By Airman 1st Class
Robert Biermann
9th RW Public Affairs

This year, the generosity of Team Beale was remarkable, and the past six weeks of the 2006 Combined Federal Campaign proved just that.

Military and civilian mem-

bers donated a total of \$112,000 reaching 131 percent of Beale's goal of \$85,000.

"Every week I collected contributions and was astonished at how generous individuals were being," said Tech. Sgt. Jeffrey Murphy, 9th

Reconnaissance Wing Mili-

see **CFC** page 3

9th RW Chapel team blitzes Beale squadrons

By Airman 1st Class George Cloutier
9th RW Public Affairs

The 9th Reconnaissance Wing Chapel team has recently started a new approach to spread spiritual fitness around Team Beale.

The new approach is known as the Chapel Team Blitz.

The blitz is an initiative by the Chapel Team to spread the word on Chapel services, one group or squadron at a time.

"One of our passions is to support the commander and his staff by ensuring that they have the religious support that our warriors need today," said Lt. Col. Jimmy Browning, 9th RW Chaplain. "We do this by being out among the Airmen."

Chaplains and their staff have always traditionally made an effort to be out among the Airmen; however, now that emphasis has increased at the request of base leadership.

see **BLITZ** page 3

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Congratulations Senior Master Sgt. Mark Cormier, 9th Intelligence Squadron superintendent, for being selected for the rank of Chief.

Secretary of the Air Force sends letter to Airmen.
See article on Page 4.

OPEN LINE



The Open Line is your direct line to the 9th Reconnaissance Wing commander. The Open Line is used to ask questions, make suggestions, or give thanks for a job well done. The most efficient way to solve an issue is to work through the relevant office and use the chain of command. If you are unable to resolve the issue, or are not satisfied with the response, call the Open Line. If

you would like to receive a response, leave your name and phone number with your message. Open Lines of general interest will be published in the High Flyer; others will be answered by letter, phone or in person.

Open Line number:

634-8888

Open Line e-mail:

9RWPA@beale.af.mil

Brig. Gen. H. D. Pumbo, Jr. is the 9th Reconnaissance Wing commander at Beale. (Photo by John Schwab)

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Two cents: What would my father say?

*Lt. Col. Kelvin O'Dell
9th Communications Squadron commander*

I have always valued my Dad's opinion.

Living through the Great Depression, surviving the Battle of the Bulge and confinement as a POW, he endured hardship and adversity, which led to his well-grounded approach to life.

After these experiences, Dad didn't get overly excited about life's situations. Given his perspective, I'd love to discuss issues going on in our Air Force today with him.

Unfortunately, we lost Dad in 2002, but I know what he would say. Probably the most pressing issue we face today is the significant drawdown of personnel.

This weighs heavily on us, since we will have to separate some good Airmen.

First, Dad would say "I don't like it, but do you get a vote or can you do anything about it?" I'd tell him, "No Dad, I don't get a vote on this one." Then he'd say, "You have to ensure you keep the very best."

This is where we all play a key role.

We must set, enforce and live by high standards. The folks who can't or won't meet them should be the first to go. We don't get to choose the standards and laws

with which we comply. Otherwise, we'd call them "suggestions."

Speaking of standards, Dad taught me core values early in life.

"Integrity first, Service before self and Excellence in all we do" were not earth-shaking revelations when the Air Force published them in 1995.

Dad would say, "Always do what is right, do what is best for all, and if you are going to do something, do it right".

Sound familiar? These values shouldn't be foreign to anyone, but unfortunately, we still have folks who choose to violate them. Driving under the influence, failure to maintain fitness standards, illegal drug use, theft, poor appearance, failure to be a good wingman, lying, and ignoring a problem are a few examples. Some problems are preventable with a little "tough love" from supervisors.

It is better for supervisors to stop negative behavior early than to wait for something more serious to happen.

I certainly was never abused, but Dad let me know quickly when I did something wrong.

He didn't wait to see if I would magically stop on my own. Some supervisors don't

want to be the "bad guy." Even worse, some participate with their troops in unacceptable activities. A good example goes a long way with our Airmen.

Early in life, I observed Dad's example of values in action.

If he received too much change at the store, he gave it back. If he wasn't charged for something at a restaurant, he told the waitress.

How many of you have seen the same scenarios with opposite results? Have you heard people brag about "getting by" with something? Have you heard someone say Air Force instructions are "guidelines?"

If this were true, would "Compliance with this publication is mandatory" be printed at the top?

In a much smaller Air Force we need more good examples.

As the Air Force shrinks, those who keep the privilege to serve are fortunate. We are part of a community where the vast majority of our personnel are top-notch.

"Sending one good Airman out the door and letting a problem Airman stay is the absolute wrong thing to do."

I have no doubt this is exactly what Dad would say.

Sortie Update			
as of Nov. 14			
	1st RS	99th RS	
Aircraft	U-2	T-38	U-2
Goal	71	256	132
Flown	30	116	53
Ahead/Behind	0	3	1

BAADD SAVES

129

THIS YEAR

CALL 634-5555 FOR A SAFE RIDE HOME





Fill 'er up

Staff Sgt. Michael Wilmoth, 9th Aircraft Maintenance Squadron, refuels a Global Hawk unmanned aerial vehicle following a mission at a deployed location in Southwest Asia recently. (Photo by Master Sgt. Jason Tudor)

WARRIOR SPOTLIGHT

Senior Airman Matthew Rubio

Unit: 234th Intelligence Squadron

Job: Imagery analyst

Hometown: Victorville, Calif.

Time in the Air Force: One year, two months

Hobbies: Most sports, volunteering in youth programs and socializing with good people

The thing I like best about Beale

AFB: Honestly, I love the mission here at Beale. There are many great and important things that Beale is responsible for. The organizations here at Beale come together to provide a grand service to the nation and I love being a part of that.



Senior Airman Matthew Rubio is an imagery analyst with the 234th Intelligence Squadron. (Photo by Airman 1st Class George Cloutier)

CFC from page 1

tary Equal Opportunity technician. "In spite of everything we have on our plates, Team Beale really stepped up. The overwhelming support of this year's CFC was truly heartwarming."

Donations will go to hundreds of research foundations, charities and many other organizations across the nation.

Several charities are right here at Beale.

CFC contributors donated to local charities such as Operation Warm Heart, Child Development Center, Community Activity Center, Friends of Family Support and the Chief Master Sgt. Richard Gauvin Memorial School Fund.

Base officials want to thank the squadron representatives who helped spread the word and to everyone who participated in and contributed to CFC.

Thanks to Team Beale, many people across the country will benefit from and feel the positive effects of these generous donations.

Donations for Beale charities are still being accepted.

To make a donation, call the Airman and Family Readiness Center at 634-2863 or squadron first sergeant.

BLITZ 4 from page 1

"We recently asked two questions of base senior leadership; what are we doing well and what could we do better?," Chaplain Browning said. "They had a lot to say for the things we're doing well, but said that they would like us to be getting more face time with their Airmen."

After receiving the request from Beale senior leadership, the Chapel team set out to create a plan to do something that hadn't been done before.

"The difference is that we took a massive amount of resources and blitzed an entire area," Chaplain Browning said. "We're shaping a blitz for each particular group. We're also providing lunch, which is our way of saying thank you for what you're doing."

Another aspect of the blitz that separates it from past efforts is that the team concentrates on first-time supervisors as a critical link in the process of helping someone who may be facing difficult times, according to the chaplain.

"We really want to target first-time supervisors," Chaplain Browning said.

That first-time supervisor is the first link to help our young Airmen, according to the chaplain.

The main reason for the

blitz is to get the word out for people who may need the Chapel's services, but it also helps the Chapel Team, commanders and other support organizations as well, according to the chaplain.

"We, as an entire chapel group, go out to be visible, and also to learn what people do," the chaplain said. "Every group is different, and we as chaplains need to understand some of those dynamics. This helps the squadron and it also helps us."

After the Chapel Team has blitzed a group, they can then take the information they gain to inform commanders on the morale status of their Airmen.

"We're getting great support from commanders," the chaplain said. "The blitz is bringing new visibility in terms of what we do to the commanders and their people."

By working closely with commanders and their troops, the Chapel Team can provide the best possible service, according to the Chaplain Browning.

"The blitz is linking us with leadership so we're hitting the target," the chaplain said.

The next Chapel Team Blitz is scheduled for Monday and is with the 9th Mission Support Group.

BAADD 634-5700



With a cherry on top

Senior Airman Richard Conyers, Rising VI volunteer, enjoys an ice cream sundae Friday with a group of elderly women at the Summerfield Senior Center in Yuba City. A group of Rising VI members visited the center in honor of Veteran's Day. (Photo by Airman 1st Class George Cloutier)

VETERANS from page 1

longstanding American tradition that began when Gen. George Washington acknowledged the "debt of gratitude" the country owed its troops who served in the Continental Army, Mr. Nicholson said.

"And that has taken the form of our citizens compensating our veterans for any diminution they have suffered as a result of their service, whether physical or mental, and (that) it will provide them with continuous health care throughout their life for having served their country," he said.

Abraham Lincoln underscored that commitment during his second inaugural address, pledging to care for "him who has borne the battle, and his widow and his orphan," the secretary said.

Mr. Nicholson called this pledge, inscribed at the entrance to the Department of Veterans Affairs headquarters here, "the mantra of the VA."

The VA fulfills that pledge every day by providing health care to more than 7.5 million

veterans, with more than 1 million visiting VA health care facilities every week, he noted. In addition, the VA provides benefits to more than 3.5 million veterans.

Continued support from the administration and Congress ensures that the VA can continue providing this first-class care for veterans, including those returning from combat, he said. He called the 70 percent growth in the VA health-care budget since 2001 a record.

"People want our veterans to be taken care of, but especially those who are coming back from Operation Iraqi Freedom and Operation Enduring Freedom with injuries," Mr. Nicholson said. "And we're organized to provide them with the very best care possible, both their physical and mental injuries. We are well-funded and well-staffed to do that."

This demonstration of service will "add to the great patriotic fervor" that surrounds Veterans Day, he said.

Letter to Airmen: Service before self

By Michael W. Wynne
Secretary of the Air Force

One of my greatest privileges as your Secretary is witnessing the selfless dedication on display by Airmen around the world.

You consistently demonstrate your commitment to the Core Value of Service Before Self.

Wherever I look, Airmen are executing our mission - flying and fighting in Air, Space, and Cyberspace. More than 30,000 Airmen are deployed around the world in support of 11 major operations and more than 62,000 Airmen are serving overseas. Whether our Airmen are fighting the Global War on Ter-

ror, providing deterrence on the Korean peninsula, or bringing aid to communities devastated by natural disasters, they continue to perform wonders.

Across all ranks and specialties, Airmen serve a higher cause than their own self-interest. Air Force Reserve C-130 crews serve the greater good of our citizens, fighting wildfires in Oregon, Idaho, and California. Airmen serve on KC-135s and E-3s over the skies of South America, supporting counter-drug operations. Airmen serve deep in the mountains of Afghanistan, calling in A-10s and B-1s for air strikes in support of coalition troops. Airmen serve as America's silent sentries,

maintaining the readiness of our Inter-Continental Ballistic Missiles deep in underground control centers across the heartland. Air National Guardsmen serve in the skies over our homes, providing air defense patrols and alert forces ready at a moment's notice. In Balad, Iraq, the service of Air Force medics and evacuation teams saves the lives of Soldiers, Sailors, Marines and their fellow Airmen daily.

Whether on the tip of the spear or supporting the mission with steadfast professionalism, all Airmen are equally committed to Service Before Self - defending our nation at the cost of great personal sacrifice.

The value of Service Before Self

is obvious in acts of heroism. Although images of heroic acts come to mind when we talk of Service Before Self, I am fully confident that this value lies deep within us all.

Medal of Honor recipient, A1C John Levitow, explains it best in his quote etched forever in the Inscription Wall at our Air Force Memorial: "I have been recognized as a hero for my ten minutes of action over Vietnam, but I am no more a hero than anyone else who has served their country."

Service Before Self is more than a slogan; it is a moral imperative I see internalized daily in all of America's Airmen. It makes me ever proud to serve alongside you.

<http://www.airforceonesource.com>

Helping servicemembers, helping their families

Community Briefs

Airmen's Attic

The Airmen's attic will be closed Friday. The attic is still taking donations of items that are in good condition. Specifically there are families in need of washers and dryers. For more information or to donate, call 634-5640 or 788-2993. To donate large items please call to arrange for a delivery time. The attic holds an All Ranks Day once a month for Airmen of all ranks. The attic is open Monday and Wednesday from 10 a.m. to 1 p.m. and Friday from 10 a.m. to 4 p.m.

Blood drive

The next Beale blood drive is scheduled for Tuesday from 10 a.m. to 4 p.m. in the Community Center ballroom. Donors must be a minimum of 110 pounds and in generally good health. For more information or questions, call Senior Airman Kasey Grindrod or Airman 1st Class Jeffrey Beeson at 634-4619 or 634-9300.

Beale Thrift Shop

The Beale Thrift Shop is currently taking fall, winter and holiday donations and consignments. Hours of operation are 9:30 a.m. to 1:30 p.m. Tuesdays and Thursdays. Consignments are accepted until 12:30 p.m. The shop will be closed Thanksgiving week. Proceeds from sales go to the Beale Officers' Spouses' Club's charitable fund used for scholarships and community donations. The shop is located at 6201 B Street in the Omni parking

lot across from the commissary. For more information, call 788-1892.

Food show

A Food Show is scheduled for today from 11 a.m. to 1 p.m. at the Contrails Inn dining facility. It's open to all authorized patrons. Vendors will showcase products and giving out samples. For more information, call Tech. Sgt. Steve Bell at 634-3606.

Tech. Sgt. Stanley Fielding

Any person or persons having claims for or against the estate of Tech. Sgt. Stanley Fielding, 9th Aircraft Maintenance Squadron, Beale Air Force Base, California, should contact the Summary Court Officer, 2nd Lt. Gina Ishida, at 634-9139 on or before Dec. 1.

Vehicle decals

As a reminder, 2006 base vehicle decals will expire Dec. 31. To renew a registration, please provide a current proof of insurance, military identification and a valid state driver's license. Also, an out-of-state vehicle may need to pass a California emissions test prior to renewal. For more information, call Nicole Lytle at 634-3143.

Thanksgiving take-out

Recce Point Club is offering a Thanksgiving Day take-out meal for the over-worked mom who wishes to relax this Thanksgiving.

The meal feeds a family of six and includes whole roast turkey or glazed ham, stuffing, cranberry sauce, mashed potatoes and gravy, vegetable medley, corn, rolls and butter, a cheese and cracker tray, and either pumpkin or pecan pie for desert. The cost is \$45 for members and \$50 for non-members. Add a New York style cheesecake for \$15 extra. Orders must be received no later than noon Tuesday. For more information, or questions, call the club at 634-4948.

Office closure

The 9th Support Division's Administrative Support Flight will be closed Friday. The following services will not be available: Identification Cards and DEERS, Military Personnel Records, Base Records Management, Inbound and Outbound Property, Passenger Travel, Omega Travel, and Awards and Decorations. Normal service will resume Friday.

All travelers who will need to pick up tickets or conduct any last minute business with Passenger Travel or Omega will need to complete it on Nov. 22 or contact the Omega 24-hour desk at 800-707-2795. For more information, call 634-5134.

Deadline for submissions

The deadline for submissions to the High Flyer is Friday the week prior to the desired publication date. Submissions are printed on a space available basis.

Submissions after the deadline will

not be published until the following week. News briefs will run for no more than three consecutive weeks. For questions or more information, call 634-8887.

Booster club

The 13th Intelligence Squadron's Booster Club will have a base-wide garage sale Saturday from 9 a.m. to 1 p.m. at the Community Center. For more information or to donate items, call Staff Sgt. Jacqueline Duarte at 634-9436.

Bundles for Babies

Bundles for Babies is scheduled for Dec. 13 from 5 to 6:30 p.m. at the Airmen and Family Readiness Center. This free class is open to all ranks and provides tips on prenatal care, financial expectations, and avoiding frauds targeting new parents.

Attendees must arrange their own childcare. For more information, call 634-2863.

Fresh fruit and vegetables

The Foothills chapel in housing provides free fresh fruit and vegetables to all active-duty military families every Friday from 11 a.m. to 2 p.m. A paper or plastic bag is needed to carry items.

For more information, call the chapel at 634-4701.

Separating Airmen

Thinking of leaving the Air Force?

see **COMMUNITY**, page 6

COMMUNITY from page 5

The key to transition success is knowledge of available services and a firm understanding of how to use them.

During preseparation counseling, Airmen will learn about their benefits and rights, as well as available services.

For more information or to schedule an appointment, call the Airman and Family Readiness Center at 634-2863.

Breastfeeding support group

A free breast feeding support group is open to all women Mondays at 9:30 a.m. at the Foothills Chapel.

For more information, call Julie Mathews at 788-7660.

Wingman training

Wingman training is scheduled for Dec. 5 from 8 to 9 a.m. at the Airmen and Family Readiness Center.

For more information or to register, call the center at 634-2863.

AWANA

AWANA is held every Tuesday at 6 p.m. at the Foothills chapel in housing. AWANA is available for all children three years of age through sixth grade.

For more information about AWANA or to sign a child up, call the chapel at 634-4701.

Volunteers needed

Volunteers are needed at the Retiree Information Desk at the Beale Clinic.

For more information, call 634-4997.

Discover

The Education Center now has a computer-based career planning program available for individuals trying to decide on a career path, planning further education or transitioning out of military service.

For more information, call the education center at 634-2525.

NAF openings

The below Non Appropriated Fund positions are available. For more information or questions, call 634-2316 or visit <http://www.bealeservices.com/humanresources>.

Cashier, checker, cook, waiter, bartender and food service worker - Recce Point Club.

Information technology specialist and cook - Youth Center.

Child development program assistant - Child Development Center.

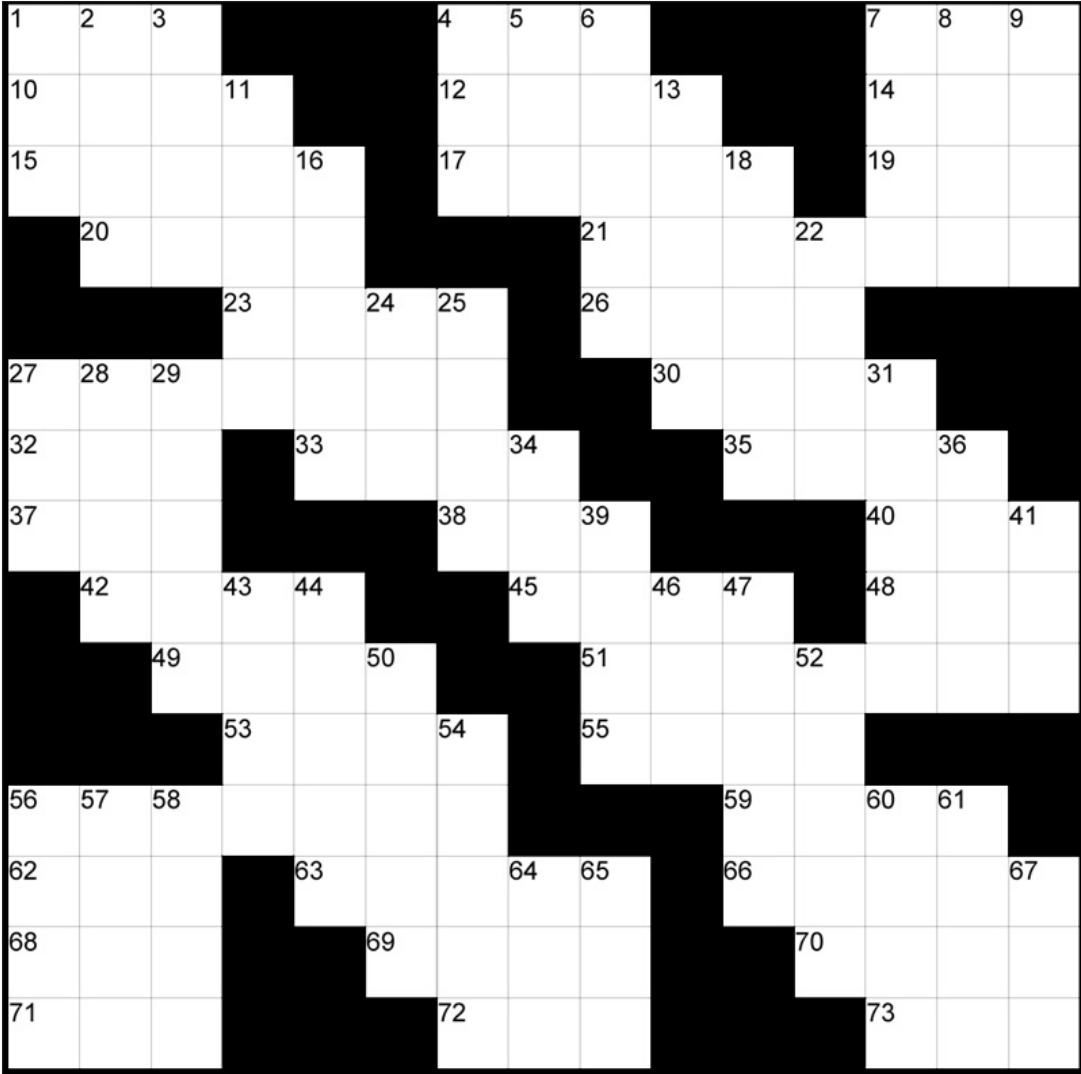
Food assistant program monitor - Family Child Care.

Custodial worker supervisor - Lodging.

Cashier, checker and custodial worker - Beale Lanes.

Thanksgiving week hours of operation

Facility	Thurs	Friday	Saturday	Sunday
Aero Club	Closed	By Appt	By Appt	By Appt
Arts & Crafts	Closed	9 a.m.-5 p.m.	Closed	Closed
Auto Skills	Closed	9 a.m.-7 p.m.	9 a.m.-5 p.m.	9 a.m.-5 p.m.
Beale Lanes	Closed	11 a.m.-11 p.m.	11 a.m.-11 p.m.	11 a.m.-5 p.m.
Spare Time Grill	Closed	11 a.m.-9 p.m.	11 a.m.-9 p.m.	11 a.m.-5 p.m.
Ramoneda	Closed	Closed	Closed	Closed
CDC	Closed	Closed	Closed	Closed
Community Center	Closed	Closed	Closed	Closed
Contrails dining facility				
Breakfast	8-9 a.m.	Regular	Regular	Regular
Brunch	10:30a.m.-1p.m.	Regular	Regular	Regular
Supper	4-6 p.m.	Regular	Regular	Regular
Coyote Run Golf	Dawn-Dusk	Dawn-Dusk	Dawn-Dusk	Dawn-Dusk
Family Child Care	Closed	Closed	Closed	Closed
Gold Country Inn	open 24 hours	open 24 hours	open 24	24/7
Harris Fitness	Closed	8 a.m.-10 p.m.	8 a.m.-10 p.m.	8 a.m.-10 p.m.
Library	Closed	Closed	12-5 p.m.	12-5 p.m.
OAC/ITT	Closed	Closed	Closed	Closed
Pub Dining	Closed	8 a.m.-10 p.m.	8 a.m.-10 p.m.	8 a.m.-10 p.m.
Pub Lounge	Closed	4-10 p.m.	4-10 p.m.	4-10 p.m.
Recce Point Club	Closed	Closed	Closed	Closed
Rod & Gun	Closed	9 a.m.-6 p.m.	9 a.m.-4 p.m.	9 a.m.-4 p.m.
Youth Center				
School Age	Closed	Closed	Closed	Closed
Open Rec	Closed	1:30-6 p.m.	3-7 p.m.	Closed
Teen Time	Closed	Closed	3-11 p.m.	Closed
Special Events	Closed	Closed	Closed	Closed
Vet Clinic	Closed	Closed	Closed	Closed



Happy Birthday USMC

*By Captain Tony Wickman
71st Flying Training Wing
Public Affairs*

ACROSS

- 1. Dramatize
- 4. Fury
- 7. Maj. Greg Boyington was one
- 10. ___ the Explorer
- 12. Soft mineral
- 14. Col. Wesley L. ___; MOH recipient in 1969
- 15. John Phillip ___; Leader of the Marine Band
- 17. Theatrical presentation set to music
- 19. The Greatest
- 20. Preserved
- 21. Nightclub providing short programs of live entertainment
- 23. Long times
- 26. Column
- 27. 1LT Presley Neville ___; "Hero of Derne" referenced in USMC Hymn
- 30. Lt Col Anthony ___; fourth Commandant of the Marine Corps
- 32. European mount
- 33. Cheese type
- 35. Utah town
- 37. Jogged
- 38. Chicken or small suffix
- 40. The sun
- 42. Principal god of the Greek pantheon; ruler of the heavens
- 45. Giant
- 48. Ram's mate
- 49. Unit of matter
- 51. Maj Gen Wendell ___; 14th Commandant of Marine Corps, MOH recipient
- 53. Iowa town
- 55. Hebrew prophet of the eighth century B.C.
- 56. Lt Gen Thomas J. ___; WWII and Korean War veteran
- 59. Maj. Ross L. ___; MOH recipient for action in Haiti
- 62. Single
- 63. Deletes copy
- 66. Word preceding newspaper or chores
- 68. www.af. ___
- 69. Fencing sword
- 70. Hint

- 71. Greek letter
 - 72. Cut
 - 73. Epoch
- DOWN**
- 1. Commercials
 - 2. Col. Donald G. ___; MOH recipient for action as POW
 - 3. Test answer
 - 4. Simpson trial judge
 - 5. Dr. Dre's music genre
 - 6. Inaugurate
 - 7. In the distance
 - 8. Sgt. Darrell ___; MOH recipient for action at Iwo Jima
 - 9. Leave
 - 11. Colorado ski town
 - 13. Lt Gen Edward A. ___; Navy Cross recipient for WWII efforts
 - 16. Make amends
 - 18. Right angles to the keel of a ship
 - 22. A Guthrie
 - 24. Lower and raise the head quickly
 - 25. Break suddenly with a brisk, sharp, cracking sound
 - 27. Paddle
 - 28. Brig Gen Vincente T. ___; elected as U.S. House of Rep for Guam
 - 29. Temporary absence or cessation of breathing
 - 31. Artists' prop
 - 34. Mr. ___; 1983 Keaton movie
 - 36. Cereal holder
 - 39. ___; Warrior Princess
 - 41. Confederate general
 - 43. State home to Hill AFB
 - 44. Battle of the ___ (1916); main Allied attack on Western Front
 - 46. Precious stone
 - 47. Dodge
 - 50. Gen. George G. ___; victor of Gettysburg
 - 52. Son of Abraham who was offered as a sacrifice to God
 - 54. Cuts something with short, quick strokes
 - 56. Derive
 - 57. Entity regarded as basic structural constituent of a whole
 - 58. Actress Ward
 - 60. 5,280 feet
 - 61. Slander
 - 64. Afternoon drink in UK
 - 65. Embroider
 - 67. Vote in favor

Foothills Chapel

*15001 Camp Beale Highway
(Family housing area)*

Protestant "Praise" worship service
Sundays, 9 a.m.

(includes "Parents' Nursery" and
children's church)

Catholic Mass

Sundays, 10:30 a.m. and 5 p.m.

Catholic Reconciliation

Sundays, 10 a.m. and 4 p.m.

Catholic daily Mass

Mondays through Fridays, 11:30 a.m.

Valley Chapel

6199 C St. (Main base)

Islamic worship

Every other Friday, 1 p.m.

Gospel Protestant worship service

Sundays, 11 a.m.

(includes children's church)

Protestant Programs: Sunday School (10:30 a.m.) at Lone Tree Elementary. AWANA on Mondays and JV-Varsity on Tuesdays, 6-8 p.m. at Foothills Chapel. Protestant Youth meets Tuesdays at 5:30 p.m. at the Valley Chapel and Sundays at 6:30 p.m. at Foothills Chapel.

Protestant Bible Study Groups: Men - Second & fourth Sunday, Valley, 5 p.m. and Wednesday, Valley, 7 p.m. Women - Tuesday, 9-11 a.m. Foothills (children welcome) Thursday, 6:45 to 8 p.m., Valley.

Catholic Programs: Religious Education - preschool-12, Sundays 9 a.m. at Lone Tree Elementary School. RCIA, Catholic Youth, CWOC, CMOC and Adult Bible Study call Leila at 634-4707.

MOPS (Mothers of Preschoolers): Second & fourth Thursdays at Foothills Chapel.

Questions concerning marriages, baptisms, choirs, Navigators, and Officer Christian Fellowship can be directed to the chapel staff at 634-4701.

Beale Bijou

634-2521



Friday evening Crossover (PG-13)

Anthony Mackie, Shellie Boone

Noah Cruise, a naturally talented basketball player, is determined to become a doctor using his basketball scholarship to UCLA pre-med, rather than succumbing to the lure of a former sports agent Vaughn, and his push for Noah to go for the NBA. Noah's best friend, Tech, the buddy that covered for him and did time for an assault charge, is also an outstanding basketball player, but has less lofty ambitions—he wants to get his GED and win an underground street ball game against an arrogant rival, Jewelz. Noah and Tech's lives drastically change when they both fall in love with two local girls, Vanessa Lilly and Eboni Jackson, and take a fateful trip out to L.A. together.



Saturday evening Talladega Nights (PG-13)

Will Ferrell, John Reilly

Ricky Bobby is a NASCAR racing sensation whose "win at all costs" approach has made him a national hero. When a flamboyant French Formula One driver, Jean Girard, challenges him for the supremacy of NASCAR, Ricky Bobby must face his own demons and fight for his place as racing's top driver.



Wednesday evening Superman Returns (PG-13)

Brandon Routh, Kate Bosworth

Superman returns to Earth after a five-year absence. He re-assumes his secret identity of Clark Kent, and discovers that Lois Lane—now in a "long engagement"—has a five-year-old son. Superman's nemesis, arch-villain Lex Luthor has devised a new plan to defeat Superman.



Who's your wingman?

There are some things in life that just weren't meant to be handled alone ... If you need a wingman the base chaplain, the life skills counselors, and the people at 1-800-SUICIDE are ready to help.

One suicide is one too many!

**Movies are being shown
at the Community Center
as the Beale Bijou
undergoes renovations.**

**Evening movies play at 6 p.m.
unless otherwise specified.**

The cost is free.

For more information, call 634-3165.

What kind of changes would you like to see Services make?



**Staff Sgt.
Rodriquez Burnett**
9th Services Squadron

"I'd like to see Services keep certain events separate for different ranks, like an all-nighter at the club for just E-1 through E-4s and one for the higher ranking, just not together."



Master Sgt. Richard Johnson
9th Contracting Squadron

"You have to be able to be competitive with downtown. The events are good, but advertising is not getting to the people."



**Senior Airman
William Lundy**
9th Communications Squadron

"Why not bring rappers and rhythm and blues performers to Beale?"



Tech. Sgt. Mark Torralba
*9th Logistics
Readiness Squadron*

"I'd like to see bigger prizes for the Texas Hold'em tournaments and have unlimited finger foods on Friday nights."



2nd Lt. Taren Clement
9th LRS

"I enjoy going to a lot of the fitness, golf, snowboarding and family events. However, I'd like to see better Recce Point Club events and more benefits."

Customer driven change: 9th Services Squadron strives for excellence

"I want to know the good, the bad and the down right ugly," said Major Shelton, 9th Services Squadron commander who tasked his marketing department with a survey to ask Team Beale tough questions.

Surveys were taken to various facilities and offices throughout the base.

During the upcoming weeks, the marketing team will continue to compile information using the questionnaire and form a consensus of what is most important to Beale consumers.

In response to separate events for different ranks, beginning in January, the Recce Point Club will designate a night once a month

specifically for Airmen ranks E-1 to E-4.

It was suggested that Recce Point Club invite rappers and rhythm and blues performers to Beale. Perhaps the Airmen night will be an appropriate time to implement that.

In regards to Services being more competitive with downtown prices, Beale Services does offer the best prices around town.

For instance, to bowl downtown it costs up to \$4.25 a game and \$3.75 to rent shoes whereas Beale Lanes only charges up to \$2.25 a game and \$1.50 shoe rentals.

A domestic bottle of beer costs \$3.25 but at Recce Point Club it's only \$2.50.

The Auto Hobby Center charges only \$25 for an oil change whereas the competitor charges \$32.99.

As for the advertising, Services advertises in the Stratosphere magazine giving an all inclusive look at the monthly events, has two pages in the High Flyer weekly, posts flyers and posters at various locations and sends out emails twice a week to get the word out on each event.

As of now, the Recce Point Club is giving away one \$10,000 buy-in valued at \$75 and several giveaways totaling up to \$200 a night twice a month for the Texas Hold'em night. With more participation, comes more prizes.

As for better Club events with more benefits, the Recce Point Club

is making lots of changes and improvements.

Watch for the grand re-opening of the Coyote Pub & Grill which will have new food items and better service.

The club has also begun new monthly events; a western night, salsa night and an all-nighter night. They are open to all suggestions.

Major Shelton will continue the 9th SVS stride to perfection, interviewing Team Beale members squadron by squadron or one person at a time.

To be part of this change call marketing at 634-5407 or visit the 9th SVS Web site at <http://www.bealeservices.com> and fill out an ICE card.

*Planning a vacation? Need to get away?
visit <http://www.afvclub.com>*

AF institutes new PCS rules

RANDOLPH AIR FORCE BASE, Texas - In an effort to meet budget mandates, Air Force leaders have directed several assignment related initiatives to reduce the permanent change of station budget deficit.

The new guidelines include changes to assignment availability Code 50 maximum stabilized tours, the standard time on station for certain members transferring between stateside bases and officers departing for professional military education, overseas assignment curtailments and funded joint-spouse assignments.

The guidelines also cover the officer time-in-area policy.

Members serving in a Code 50 designated stabilized tour will have their tour automatically extended 12 months beyond the current expiration date.

The extension is in addition to any voluntary extension the member may have already entered.

All career enlisted aviators and rated officers in flying positions are exempt.

Members with a projected PCS based on the previous Code 50 rules may apply for cancellation.

Enlisted members and officers in the support, judge advocate, chaplain and medical career fields as well as most rated staff positions will be subject to a 48-month TOS minimum before being considered for a PCS between stateside bases unless mission requirements dictate otherwise.

Officers selected for PME must have 24 months TOS prior to departure.

Exceptions to this policy must be thoroughly justified, and waivers must be requested by a general officer, colonel wing commander or their equivalents.

Members serving in overseas assignments will serve their full tour length.

Waivers will only be granted for mission requirements and must be requested by a general officer, colonel wing commander or their equivalents.

However, there are exemptions to this requirement such as officers rotating to and from commander's billets and humanitarian reassignments.

Funded joint spouse assignments, except those from one overseas location to another, will require 24 months TOS.

Members will be allowed to volunteer for permissive PCS if they have 12 months TOS and the members travel concurrently; however, PCS entitlements must be waived, and the member must agree to incur all PCS related costs.

The Washington D.C. tour review and officer time in area policy for San Antonio and Colorado are suspended until further notice. This policy required review of all assignments resulting in a permanent change of station or assignment between bases in the same local area, or a return PCS to the same location or area within a two-year period.

For more information to include a list of frequently asked questions, visit the AFPC Web site at <http://ask.afpc.randolph.af.mil>.

Contracting: Working behind the scenes

By Airman 1st Class
George Cloutier
9th RW Public Affairs

They don't fly to the edge of the atmosphere, monitor space, gather intelligence on terrorists, or many of the other things that Beale warriors do on a daily basis, but without these people, none of these things would happen.

These are the men and women of the 9th Contracting Squadron.

Though they are seldom seen, many times working back stage on their various projects, it can be argued that nothing would happen without the expert service these Team Beale warriors provide.

"Contracting contributes to the mission here at Beale and across the Air Force because everything you can touch comes through the contracting office," said Master Sgt. Richard Johnson, 9th CONS superintendent. "We provide the tools that all offices need to accomplish the mission."

Being that the needs of a base vary from unit to unit, the contracting squadron has specific department for the various requests they receive.

The contracting squadron has

people who handle construction, services, commodities, the government purchase card review program and our computer systems, said Tech Sgt. Shellie Murphy, 9th CONS contracting officer.

"Our construction personnel oversees most all the repair, maintenance, building and landscaping that gets done on base," Sergeant Murphy said.

"Our systems people manage the software and computer systems that we use to connect with the other agencies we routinely work with. The job of our services people is similar to those in construction in that we go through the same contract process but more aligned to contracts pertaining to personnel."

"The commodities people also work by the same principal, but their work applies to things like tables, chairs, anything the purchase card can't buy. A good example is the chase cars we bought a couple years ago."

"And finally our GPC people audit the GPC card records to make sure that people are following the AFI and making sure people aren't purchasing things they're not supposed to."

Though there are many different

products and services that are obtained for military use by the contracting personnel, most all requests follow the same basic procedure.

"The way it works is we get a requirements package from the requester that tells us what they need," Sergeant Murphy said. "We then send out a proposal and evaluate and negotiate the responses we get to get the best price for the government and tax payers. Once it's agreed upon, we award the contract to the contractor."

Once a contract has been awarded, it's still not the end of the line for the contracting personnel.

"Once we award these contracts we administer them," Sergeant Murphy said. "We also make sure the contractor is performing in accordance with the contract. Along with that, we conduct department of labor checks, which is making sure the workers get paid what they're supposed to and making sure the contractor gets paid."

While some of these projects managed by the contracting personnel are small, other more complicated projects range in the millions of dollars.

"We recently awarded four contracts for end of year for a total of

five million dollars," Sergeant Murphy said. "The base theater is a big one for us as well. The project is a \$790,000 renovation."

Though they are continually busy overseeing new and current projects around base, the contracting squadron also has a large role in the mission success of overseas operations as well.

"When deployed, we support the missions of our gaining units, which include Air Force, Army, and joint organizations," said Airman 1st Class Casey Hamann, 9th CONS contract specialist. "The 9th CONS deploy personnel directly to forward operating locations where we obtain construction, services and support needed by other war fighters to perform their missions."

"People don't always realize, that contracting across the DOD, we're behind the scenes people that get what we have to get to make sure the flyers are flying and that everybody has what they need to accomplish their mission, here or over seas," Sergeant Murphy said. "Without contracting personnel being there to purchase essential commodities, we would not be able to sustain operations in a war time or peace time environment."

'Great American Smokeout' draws attention to health risks of smoking

By Gerry Gilmore
American Forces Press Service

WASHINGTON — The 29th annual American Cancer Society "Great American Smokeout" Thursday gave military members and Defense Department civilians a chance to pause before lighting up and reflect that smoking poses significant risks to their health.

Smoking is the leading cause of preventable death, said Dr. David Tornberg, deputy assistant secretary of defense for clinical and program policy.

Held on the third Thursday of November each year, the Smokeout encourages people to quit smoking for their health and well-being.

Indeed, about 30 percent of cancer deaths are attributable to smoking, Dr. Tornberg said, noting that the habit also is

known to cause asthma, emphysema, hardening of the arteries and other serious health problems.

Smokers also are ill more often than nonsmokers, Dr. Tornberg said, and have higher hospitalization rates.

Yet, despite the well-publicized health risks connected to smoking, the military has witnessed rising smoking rates among younger servicemembers in recent years, he said.

"Unfortunately, our smoking rate is higher than the civilian norm," Dr. Tornberg said. "We have about a 32 percent smoking rate within the services."

Surveys show most military smokers are young people holding the ranks of private through staff sergeant, he said.

Servicemembers cite stress or boredom as reasons for taking up smoking, Dr. Tornberg

said, noting that most military smokers pick up the habit after completing initial military training. Other servicemembers start smoking, he added, after they've been deployed overseas.

The military offers smoking cessation assistance through its health care facilities, Dr. Tornberg said, as well as a hotline to help smokers quit. The DOD-sponsored toll-free smoking cessation Quitline is available at 888-742-0742.

The military has been tracking servicemembers' smoking habits for the past 40 years or so, Dr. Tornberg noted. The good news, he reported, is that overall smoking within the military has dramatically decreased over that time period.

"We are winning the fight, albeit slowly" against smoking in the military, Dr. Tornberg said, while acknowledging the

recent upward incidence of smoking among younger servicemembers.

Having quit smoking cigarettes, some servicemembers have switched to smokeless tobacco products, Dr. Tornberg observed. However, such products, like cigarettes, contain the drug nicotine, he pointed out.

"Nicotine is addictive, and nicotine is the cause of many, many of the medical conditions associated with smoking," Dr. Tornberg said. Nicotine, he explained, alters blood flow and makes servicemembers who ingest the drug more susceptible to heat stress. And nicotine degrades a person's night vision by as much as 20 to 50 percent, Dr. Tornberg noted, depending on altitude.

Smoking also reduces endurance and causes the body to take longer to heal, Dr. Tornberg said.

"So, there are a lot of immediate negative health effects from smoking," Dr. Tornberg said. "And, in a way, if we think about it, smokers have made, perhaps, a conscious decision not to take care of themselves in some respect."

Dr. Tornberg urged servicemembers who don't smoke not to start. Quitting smoking, he acknowledged, isn't easy.

"The average smoker attempts to quit three to four times over his lifespan before he successfully quits," Dr. Tornberg explained, pointing to nicotine's addictive quality.

Therefore, most smokers, including military, require counseling and medications, he noted, to successfully kick the habit.

"And, their primary care physician can certainly assist them in their journey to quit smoking," Dr. Tornberg said.

Veteran's Day: Community honors heroes

(Below) Tech. Sgt. Suzanne Heitzer, 9th Physiological Support Squadron, displays the U-2 pressure suit during the Yuba Veteran's Day parade Saturday. (Right) The Linda Fireman's Association firemen wave to onlookers in the association's 1924 LeFrance fire engine.











(Far left) Bear River Middle School students raise a patriotic banner during the Veteran's Day parade. (Left) A group of veterans associated with a local American Legion post march down D St. during the parade. (Photos by Tammy Berard)

Three Minute Husband

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Nov. 17
AFDOKU Solution

SrA	TSgt	AB	SSgt	CM5gt	SM5gt	Amn	A1C	MSgt
CM5gt	SM5gt			MSgt	A1C	SSgt		AB
MSgt	A1C	SSgt	Amn	TSgt	AB	CM5gt	SM5gt	SrA
TSgt	AB	SM5gt	CM5gt	SrA	SSgt		Amn	A1C
Amn	CM5gt		AB		MSgt	TSgt	SrA	SSgt
SSgt	SrA	MSgt	TSgt	A1C	Amn	SM5gt	No Stripe	CM5gt
AB	MSgt	SrA	SM5gt	Amn		A1C	SSgt	TSgt
SM5gt		CM5gt	A1C	AB	TSgt	SrA	MSgt	Amn
A1C	Amn	TSgt	MSgt	SSgt	SrA	AB	CM5gt	SM5gt
By Capt Tony Wickman 71st Flying Training Wing Public Affairs								

Nov. 17 Puzzle Solution

A	L	T	U	S		E	A	R		S	O	S	
L	E	A	S	H		R	B	I		V	A	N	C
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Club All Nighter well attended



The first All Nighter at the **Recce Point Club** was a hit! Over 100 patrons danced all night long as Al and Aaron Goodly mixed it up with today's greatest R&B and Rap hits.

The lights were dim, the music was hopping and the dancers were grooving. This is the first of many to come so if you missed this last All Nighter, you don't want to miss the next.

More Cheer, less stress during the holidays

The 9th Services Squadron understands how difficult it is to be away from home or have a loved one not here for the holidays. Services facilities are dedicated to making this holiday season a more cheerful and less stressful one. They have come together and developed a program to create fun and festive events during the holidays for single airmen, newly arriving individuals and families of deployed military, as well as the entire Team Beale community. This program is

appropriately named, **Project Cheer**. It stands for, Creating Hope, Energy, Enthusiasm and Recreation. This is the seventh year Beale has participated in this motivating and uplifting project. It offers something for everyone; bowling, golfing, holiday trips and special discounts. Keep an eye out for your **December Stratosphere** because there will be a full description for what's to come and how to fully take advantage of this wonderful program.

PROJECT
CHEER.


NOV. TOURNAMENTS & EVENTS
TURKEY SHOOT
 Nov 18th • 9:00 AM
 Sign up by Nov 18th • 8:00 am
INDIVIDUAL LOW NET
ENTRY FEE \$15.
PRIZES INCLUDE SCRIPT & A TURKEY!

Coyote Run Golf Course 788-0192

SKI SHOP >> NOW OPEN <<

Beat the winter rush and get your skis and snowboards ready for the season.

- Tune ups • Edge & Wax
- Binding Mounts
- Base Repair, P-Tex, Core Repair

Full Service at Discounted Prices!

Outdoor Adventure Center • 634-2054

Thanksgiving Day TAKE-OUT MEALS

MENU:

Whole Roast Turkey or Glazed Ham
Stuffing • Cranberry Sauce
Mashed Potatoes & Gravy
Vegetable Medley
Corn • Rolls & Butter
Cheese & Cracker Tray



Feeds a Family of Six



Your Choice of Pumpkin or Pecan Pie

For \$15⁰⁰ extra Add a New York style Cheesecake



Please have your order in NLT 12:00 PM on Tuesday, 21 Nov.

PICK UP YOUR MEAL

Wednesday, 22 Nov after 4:00 PM
or Thursday, 9:00 AM-11:00 AM

\$45⁰⁰
members

\$50⁰⁰
non-members

Recce Point Club

634-4948



Sacramento Kings

TICKETS on sale now!



Tickets are \$44.50 each to all home games.

Don't miss your chance to get tickets from the OAC!
 Grab your friends and reserve your seats today.

OAC / ITT 634-4882

We Need Volunteers! Stop by the Harris Fitness Center or call 634-2258

RECCE CHALLENGE ADVENTURE SERIES 10K RUN - Road or Trail

THURSDAY, NOVEMBER 30

8:00am Recce Point Club parking lot



AF SERVICES
Fitness & Sports



Harris Fitness Center • 634-2258

Youth Center CORNER

Beale Youth Sports Program, winner of the "2006 Excellence in Youth Sports Award"

NOVEMBER

HARVEST DANCE

Nov 17th • 6:30 PM-9:30 PM

Ages 9-12. Tweens have a fun night of dancing. \$3 members, \$5 non-mem

FALL MADNESS

Nov 21st • 11:00 AM-3:00 PM

Ages 9-18. Paintball, bowling, golf & lunch! \$15 members, \$20 non-members.

BASKETBALL

OPERATION NITE HOOPS

Every Saturday night • 8:00 PM-10:00 PM

>>> Starts Dec 2nd <<<

Ages 14-18. FREE mem. \$1 non-mem.

START SMART BASKETBALL

Ages 3-4. Parent participation required, \$25.

LEAGUE BASKETBALL

REGISTRATION

Grades K-8th. \$40 mem. \$50 non-mem.

Call 634-4953

Weather giving you the blues? Boot scootin' at the Club tonight!

If you love kicking your boots to country music then you don't want to miss tonight's Country Night at the **Recce Point Club** from 9:00 pm to 1:00 am. Special guest DJ Briggs Moor of radio station KKCY 103.1 FM will be hosting the night. Between 9:00 - 10:00 pm he will be giving away autographed t-shirts from some of country's hottest performers, some Johnny Cash box sets and some of George Strait and Reba McEntire Christmas CD's. Members are free and non-members only pay \$3. There will be games and prizes too. Why not come a little early and take advantage of Friday Night's Dining? The Club is offering a **2 for 1 steak night**, which includes a baked potato and salad bar for only \$14.95 for members and \$16.95 for non-members.

This Country Night is one of many to come. Starting January the Club will be hosting a Country Western Night once a month so get ready for some boot scootin' boogying. For more information you can call the Club at **634-4948**.



RECCE POINT CLUB EVENTS



Country Night at the Club

Games,
 Music & Dancing

2-for-1
 Steak Nite
 \$14.95 members
 \$16.95 non-mem

Nov 17th • 9:00 pm - 1:00 am

Come and join local country radio station DJ Briggs Moor of KKCY 103.1 as he gives away some great stuff between 9-10 pm!



- Autographed t-shirts from some of country's hottest performers.
 - Johnny Cash box sets, George Strait and Reba McEntire Christmas CD's & more.
- FREE members, \$3 for non members.**



Thanksgiving Leftovers Buffet

Nov 26th • 12:00 PM-10:00 PM
 Build your own turkey sandwich,
 served with all the fixin's.

\$1 Members, \$4 Non-Members.

WESTERN FAMILY NIGHT

Nov 29th • 5:00 PM-7:30 PM
 Games - Music - Western Buffet
 Prize for the Best Cowboy & Indian costume!
 \$4.95 Members, \$6.95 Non-Members.

ACC DOLLAR DAYS LUNCH

Nov 29th • 11:00 AM-1:00 PM

Recce Point Club

634-4948

No federal endorsement of sponsors intended.



Beale Lanes • 634-2299



Friday, 1st Dec 9 am - 2 pm

We bring the Holiday Shopping to you!

Start checking off your holiday shopping list early as vendors will be selling their crafts and wares.

FREE for shoppers, \$10 for vendors
 Vendors: pre-register your tables

Community Center • 634-3165

GREAT OUTDOOR adventures!

ALL TRIPS AND TICKETS ARE OPEN TO MILITARY & DOD CIVILIANS

Pier 39 - San Francisco

Dec 2nd / 7:30 AM-9:30 PM • Cost: \$25 • Sign up by: 11/29
 Tired of high fuel prices, parking fees and nightmare traffic? Then let OAC start your holiday season this year with a trip to Pier 39 where you can tour Alcatraz, explore Chinatown, or ride the historic cable cars to world-famous union Square. If you would like to tour Alcatraz, contact www.alcatrazcruises.com to purchase tickets in advance.

Northstar Ski Resort Shuttle

Dec 3rd / 6:30 AM-8:00* PM • Cost: \$10 • Sign up by: 11/30
 Let the OAC ski shuttle transport you to Northstar ski resort which was just ranked 4th best park in North America. **Northstar offers free lift tickets to active duty members with a valid ID.** Everyone else can purchase a discount lift ticket at the OAC.

Squaw Valley Ski Resort Shuttle

Dec 9th & 16th / 6:30 AM-9:00* PM • Cost: \$10 • Sign by: 12/7 & 12/14
 Let the OAC ski shuttle transport you to Squaw Valley ski resort. **Squaw Valley offers free skiing to active duty members with a valid ID, kids 12 & under \$5, or purchase discounted lift tickets at the OAC.**
 *Return times are estimated dependent upon weather and traffic conditions.

Napa Valley Holiday Tour

Dec 9th / 7:30 AM-8:30 PM • Cost: \$30 • Sign by: 12/6
Must be 21 or older to attend this tour.
 Enjoy a unique wine country experience in the Napa Valley. At this time, wineries are adorned in their holiday finest. We will visit V. Sattui Winery with a private tour and tasting of up to seven award-winning wines. This trip will make several other winery stops. If time allows, the trip will make a brief stop at the Vintage 1870 Shopping Center.

November Sierra Get-Away Package

BEST WESTERN TRUCKEE TAHOE INN
 Cost: \$79 per night (\$129 value) • Offer expires 11/30.
 Call 1-800-824-6385 and mention MTP voucher.

NEW YEAR'S EVE RENO TURNAROUND

Sunday, Dec 31st. 4:30 pm - 5:30 am • Cost \$43
 Get a \$10 cash voucher & \$5 food voucher. Actual price \$28⁰⁰
 Sign up deadline 12/15.

OUTDOOR ADVENTURE CENTER • 634-2054



November 22nd

Starts at 11:30 am • Fun Run Path

Open to all Military & Civilians
 ages 16 years old and older.

PRIZES AWARDED



3 Turkeys will be given away!

For more information call:
Harris Fitness Center
634-2258